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Excerpt from Walden: "Where I Lived and What I Lived For"

By Henry David Thoreau 1854

Henry David Thoreau (1817-1862) was an American author, essayist, abolitionist, and philosopher. He was one of the major figures of Transcendentalism, alongside writers such as Ralph Waldo Emerson and Margaret Fuller. The following text comes from his best known work, Walden, a reflection upon his two years spent living in the wilderness near Walden Pond in Massachusetts. As you read, take notes on Thoreau's use of figurative language.

I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I had not lived. I did not wish to live what was not life, living is so dear; nor did I wish to practise resignation, unless it was quite necessary. I wanted to live deep and suck out all the marrow of life, to live so sturdily and Spartan-like¹ as to put to rout² all that was not life, to cut a broad swath and shave close, to drive life into a corner, and reduce it to its lowest terms, and, if it proved to be mean, why then to get the whole and genuine meanness of it, and publish its



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meanness to the world; or if it were sublime,³ to know it by experience, and be able to give a true account of it in my next excursion. For most men, it appears to me, are in a strange uncertainty about it, whether it is of the devil or of God, and have *somewhat hastily* concluded that it is the chief end of man here to "glorify God and enjoy him forever."⁴

^{1.} The Spartans were ancient Greeks from the city-state of Sparta, known for their skill as warriors and for their simple living.

^{2.} The phrase "to put to rout" means "to defeat or overcome."

^{3.} **Sublime** (adjective): of such excellence, grandeur, or beauty as to inspire great admiration or awe

^{4.} a Westminster catechism

Still we live meanly, like ants; though the fable tells us that we were long ago changed into men; like pygmies we fight with cranes; it is error upon error, and clout upon clout, and our best virtue has for its occasion a superfluous⁵ and evitable⁶ wretchedness. Our life is frittered away by detail. An honest man has hardly need to count more than his ten fingers, or in extreme cases he may add his ten toes, and lump the rest. Simplicity, simplicity, simplicity! I say, let your affairs be as two or three, and not a hundred or a thousand; instead of a million count half a dozen, and keep your accounts on your thumb-nail. In the midst of this chopping sea of civilized life, such are the clouds and storms and quicksands and thousand-and-one items to be allowed for, that a man has to live, if he would not founder and go to the bottom and not make his port at all, by dead reckoning, and he must be a great calculator indeed who succeeds. Simplify, simplify. Instead of three meals a day, if it be necessary eat but one; instead of a hundred dishes, five; and reduce other things in proportion. Our life is like a German Confederacy, made up of petty states, with its boundary forever fluctuating, so that even a German cannot tell you how it is bounded at any moment. The nation itself, with all its so-called internal improvements, which, by the way are all external and superficial, is just such an unwieldy and overgrown establishment, cluttered with furniture and tripped up by its own traps, ruined by luxury and heedless expense, by want of calculation and a worthy aim, as the million households in the land; and the only cure for it, as for them, is in a rigid economy, a stern and more than Spartan simplicity of life and elevation of purpose. It lives too fast. Men think that it is essential that the Nation have commerce, and export ice, and talk through a telegraph, and ride thirty miles an hour, without a doubt, whether they do or not; but whether we should live like baboons or like men, is a little uncertain. If we do not get out sleepers, and forge rails, and devote days and nights to the work, but go to tinkering upon our lives to improve them, who will build railroads? And if railroads are not built, how shall we get to heaven in season? But if we stay at home and mind our business, who will want railroads? We do not ride on the railroad; it rides upon us. Did you ever think what those sleepers are that underlie the railroad? Each one is a man, an Irishman, or a Yankee man. The rails are laid on them, and they are covered with sand, and the cars run smoothly over them. They are sound sleepers, I assure you. And every few years a new lot is laid down and run over; so that, if some have the pleasure of riding on a rail, others have the misfortune to be ridden upon. And when they run over a man that is walking in his sleep, a supernumerary 10 sleeper in the wrong position, and wake him up, they suddenly stop the cars, and make a hue¹¹ and cry about it, as if this were an exception. I am glad to know that it takes a gang of men for every five miles to keep the sleepers down and level in their beds as it is, for this is a sign that they may sometime get up again.

^{5.} **Superfluous** (adjective): more than enough or what is necessary

^{6.} avoidable

^{7.} a group of European states (1815-1866)

^{8.} **Fluctuate** (verb): to shift irregularly or uncertainly

^{9.} wooden railroad ties that support the rails

^{10.} exceeding the usual or stated number; exceeding what is necessary or required

^{11.} In this context, "hue" means an outcry or great noise.

Why should we live with such hurry and waste of life? We are determined to be starved before we are hungry. Men say that a stitch in time saves nine, and so they take a thousand stitches today to save nine tomorrow. As for work, we haven't any of any consequence. We have the Saint Vitus' dance, ¹² and cannot possibly keep our heads still. If I should only give a few pulls at the parish bell-rope, as for a fire, that is, without setting the bell, there is hardly a man on his farm in the outskirts of Concord, notwithstanding that press of engagements which was his excuse so many times this morning, nor a boy, nor a woman, I might almost say, but would forsake all and follow that sound, not mainly to save property from the flames, but, if we will confess the truth, much more to see it burn, since burn it must, and we, be it known, did not set it on fire — or to see it put out, and have a hand in it, if that is done as handsomely; yes, even if it were the parish church itself. Hardly a man takes a half-hour's nap after dinner, but when he wakes he holds up his head and asks, "What's the news?" as if the rest of mankind had stood his sentinels. 13 Some give directions to be waked every half-hour, doubtless for no other purpose; and then, to pay for it, they tell what they have dreamed. After a night's sleep the news is as indispensable as the breakfast. "Pray tell me anything new that has happened to a man anywhere on this globe" — and he reads it over his coffee and rolls, that a man has had his eyes gouged out this morning on the Wachito River; never dreaming the while that he lives in the dark unfathomed mammoth cave of this world, and has but the rudiment ¹⁴ of an eye himself.

For my part, I could easily do without the post-office. I think that there are very few important communications made through it. To speak critically, I never received more than one or two letters in my life — I wrote this some years ago — that were worth the postage. The penny-post is, commonly, an institution through which you seriously offer a man that penny for his thoughts which is so often safely offered in jest. And I am sure that I never read any memorable news in a newspaper. If we read of one man robbed, or murdered, or killed by accident, or one house burned, or one vessel wrecked, or one steamboat blown up, or one cow run over on the Western Railroad, or one mad dog killed, or one lot of grasshoppers in the winter — we never need read of another. One is enough. If you are acquainted with the principle, what do you care for a myriad¹⁵ instances and applications? To a philosopher all news, as it is called, is gossip, and they who edit and read it are old women over their tea. Yet not a few are greedy after this gossip. There was such a rush, as I hear, the other day at one of the offices to learn the foreign news by the last arrival, that several large squares of plate glass belonging to the establishment were broken by the pressure — news which I seriously think a ready wit might write a twelve-month, or twelve years, beforehand with sufficient accuracy. As for Spain, for instance, if you know how to throw in Don Carlos and the Infanta, and Don Pedro and Seville and Granada, 16 from time to time in the right proportions — they may have changed the names a little since I saw the papers and serve up a bull-fight when other entertainments fail, it will be true to the letter, and give us as good an idea of the exact state or ruin of things in Spain as the most succinct ¹⁷ and lucid ¹⁸ reports under this head in the newspapers: and as for England, almost the last significant scrap of news from that quarter was the revolution of 1649;¹⁹ and if you have learned the history of her crops for an average year, you never need attend to that thing again, unless your speculations are of a merely pecuniary²⁰ character. If one may judge who rarely looks into the newspapers, nothing new does ever happen in foreign parts, a French revolution not excepted.

- 12. an old-fashioned term for Sydenham's chorea, a nervous disorder characterized by involuntary movements
- 13. guards
- 14. a basic principle or element; something unformed or undeveloped
- 15. Myriad (adjective): countless or great in number
- 16. relating to Spanish-Portuguese politics (1830s 1840s)
- 17. **Succinct** (adjective): precise; without wasted words
- 18. Lucid (adjective): expressed clearly; easy to understand
- 19. the English Civil War
- 20. relating to money

[5] What news! how much more important to know what that is which was never old! "Kieou-pe-yu²¹ (great dignitary of the state of Wei) sent a man to Khoung-tseu²² to know his news. Khoung-tseu caused the messenger to be seated near him, and questioned him in these terms: What is your master doing? The messenger answered with respect: My master desires to diminish the number of his faults, but he cannot accomplish it... The messenger being gone, the philosopher remarked: What a worthy messenger! What a worthy messenger!"²³ The preacher, instead of vexing the ears of drowsy farmers on their day of rest at the end of the week — for Sunday is the fit conclusion of an ill-spent week, and not the fresh and brave beginning of a new one — with this one other draggle-tail of a sermon, should shout with thundering voice, "Pause! Avast! Why so seeming fast, but deadly slow?"

Shams and delusions are esteemed for soundest truths, while reality is fabulous. If men would steadily observe realities only, and not allow themselves to be deluded, life, to compare it with such things as we know, would be like a fairy tale and the Arabian Nights' Entertainments. ²⁴ If we respected only what is inevitable and has a right to be, music and poetry would resound along the streets. When we are unhurried and wise, we perceive that only great and worthy things have any permanent and absolute existence, that petty fears and petty pleasures are but the shadow of the reality. This is always exhilarating and sublime. By closing the eyes and slumbering, and consenting to be deceived by shows, men establish and confirm their daily life of routine and habit everywhere, which still is built on purely illusory foundations. Children, who play life, discern²⁵ its true law and relations more clearly than men, who fail to live it worthily, but who think that they are wiser by experience, that is, by failure. I have read in a Hindoo book, ²⁶ that "there was a king's son, who, being expelled in infancy from his native city, was brought up by a forester, and, growing up to maturity in that state, imagined himself to belong to the barbarous²⁷ race with which he lived. One of his father's ministers having discovered him, revealed to him what he was, and the misconception of his character was removed, and he knew himself to be a prince. So soul," continues the Hindoo philosopher, "from the circumstances in which it is placed, mistakes its own character, until the truth is revealed to it by some holy teacher, and then it knows itself to be Brahme."²⁸ I perceive that we inhabitants of New England live this mean life that we do because our vision does not penetrate the surface of things. We think that its which appears to be. If a man should walk through this town and see only the reality, where, think you, would the "Milldam" go to? If he should give us an account of the realities he beheld there, we should not recognize the place in his description. Look at a meeting-house, or a court-house, or a jail, or a shop, or a dwelling-house, and say what that thing really is before a true gaze, and they would all go to pieces in your account of them. Men esteem truth remote, in the outskirts of the system, behind the farthest star, before Adam²⁹ and after the last man. In eternity there is indeed something true and sublime. But all these times and places and occasions are now and here. God himself culminates in the present moment, and will never be more divine in the lapse of all the ages. And we are enabled to apprehend³⁰ at all what is sublime and noble only by the perpetual instilling and drenching of the reality that surrounds us. The universe constantly and obediently answers to our conceptions; whether we travel fast or slow, the track is laid for us. Let us spend our lives in conceiving then. The poet or the artist never yet had so fair and noble a design but some of his posterity at least could accomplish it.

- 22. Confucius, also known as Kongzi
- 23. The Analects, 14.25
- 24. also known as A Thousand and One Nights, a medieval collection of Middle Eastern folktales
- 25. **Discern (verb):** to deduce or recognize
- 26. Hindu
- 27. uncivilized
- 28. Brahma, Hindu god of creation
- 29. In the Old Testament, according to the book of Genesis, Adam was the first man created by God.

^{21.} A character in The Analects, a book of philosophy with quotation attributed to Confucius. Today, we would spell his name Qu Boyu.

Let us spend one day as deliberately as Nature, and not be thrown off the track by every nutshell and mosquito's wing that falls on the rails. Let us rise early and fast, or break fast, gently and without perturbation;³¹ let company come and let company go, let the bells ring and the children cry determined to make a day of it. Why should we knock under and go with the stream? Let us not be upset and overwhelmed in that terrible rapid and whirlpool called a dinner, situated in the meridian shallows. Weather this danger and you are safe, for the rest of the way is down hill. With unrelaxed nerves, with morning vigor, sail by it, looking another way, tied to the mast like Ulysses. 32 If the engine whistles, let it whistle till it is hoarse for its pains. If the bell rings, why should we run? We will consider what kind of music they are like. Let us settle ourselves, and work and wedge our feet downward through the mud and slush of opinion, and prejudice, and tradition, and delusion, and appearance, that alluvion³³ which covers the globe, through Paris and London, through New York and Boston and Concord, through Church and State, through poetry and philosophy and religion, till we come to a hard bottom and rocks in place, which we can call reality, and say, This is, and no mistake; and then begin, having a point d'appui, 34 below freshet 35 and frost and fire, a place where you might found a wall or a state, or set a lamp-post safely, or perhaps a gauge, not a Nilometer, ³⁶ but a Realometer, that future ages might know how deep a freshet of shams and appearances had gathered from time to time. If you stand right fronting and face to face to a fact, you will see the sun glimmer on both its surfaces, as if it were a cimeter,³⁷ and feel its sweet edge dividing you through the heart and marrow, and so you will happily conclude your mortal career. Be it life or death, we crave only reality. If we are really dying, let us hear the rattle in our throats and feel cold in the extremities; if we are alive, let us go about our business.

Time is but the stream I go a-fishing in. I drink at it; but while I drink I see the sandy bottom and detect how shallow it is. Its thin current slides away, but eternity remains. I would drink deeper; fish in the sky, whose bottom is pebbly with stars. I cannot count one. I know not the first letter of the alphabet. I have always been regretting that I was not as wise as the day I was born. The intellect is a cleaver; ³⁸ it discerns and rifts its way into the secret of things. I do not wish to be any more busy with my hands than is necessary. My head is hands and feet. I feel all my best faculties ³⁹ concentrated in it. My instinct tells me that my head is an organ for burrowing, as some creatures use their snout and fore paws, and with it I would mine and burrow my way through these hills. I think that the richest vein is somewhere hereabouts; so by the divining-rod ⁴⁰ and thin rising vapors I judge; and here I will begin to mine.

Walden by Henry David Thoreau (1854) is in the public domain.

- 30. **Apprehend** (*verb*): to grasp with understanding
- 31. Perturb (verb): to make (someone) anxious or unsettled
- 32. The Roman name for Odysseus, character in Homer's The Iliad and The Odyssey. In The Odyssey, Ulysses orders his men tie him to the mast of the boat so he could hear the deadly sirens sing and remain safe.
- 33. the flow of water (against a shore)
- 34. "a point of support"
- 35. a rising or overflowing of a stream caused by heavy rain or snowmelt
- 36. a gauge used to measure the rise of the Nile River in Egypt
- 37. Also called a scimitar, it is a sword with a curved blade associated with use in the Middle East.
- 38. a butcher's instrument for cutting animal meats
- 39. mental or physical abilities
- 40. a forked rod believed to indicate the presence of water or minerals below ground

Text-Dependent Questions

Directions: For the following questions, choose the best answer or respond in complete sentences.

- 1. PART A: Which of the following best describes a central idea of the text?
 - A. Time is fleeting and so people should live life to the fullest by experiencing everything it has to offer.
 - B. People should put art and academics before work and society because work and society are meaningless.
 - C. Life should be lived without complication or hurry in order to find meaning.
 - D. Technology is invasive and must be stopped before it takes over all aspects of one's life.
- 2. PART B: Which TWO of the following quotes best support the answer to Part A?
 - A. "Our life is frittered away by detail... Simplicity, simplicity, simplicity!" (Paragraph 2)
 - B. "Men think that it is essential that the Nation have commerce, and export ice, and talk through a telegraph, and ride thirty miles an hour" (Paragraph 2)
 - C. "Why should we live with such hurry and waste of life? We are determined to be starved before we are hungry." (Paragraph 3)
 - D. "Hardly a man takes a half-hour's nap after dinner, but when he wakes he holds up his head and asks, 'What's the news?" (Paragraph 3)
 - E. "For my part, I could easily do without the post-office. I think that there are very few important communications made through it." (Paragraph 4)
 - F. "Men esteem truth remote, in the outskirts of the system, behind the farthest star, before Adam and after the last man." (Paragraph 6)
- 3. PART A: Which of the following best describes what the word "mean" conveys, as used in paragraph 1?
 - A. amazing
 - B. lowly
 - C. average
 - D. useful
- 4. PART B: Which of the following phrases best supports the answer to Part A?
 - A. "drive life into a corner" (Paragraph 1)
 - B. "reduce it" (Paragraph 1)
 - C. "of the devil or of God" (Paragraph 1)
 - D. "like ants" (Paragraph 2)

- 5. In paragraph 2, Thoreau states, "We do not ride on the railroad; it rides upon us." Which of the following statements best explains the figurative language used in this quote?
 - A. Thoreau grieves for those whom the railroad industry has taken advantage of, specifically those who died while building it.
 - B. Thoreau predicts the end of small business craftsmanship in the face of an increasingly industrialized world represented by the train.
 - C. Thoreau comments on how aspects of modern life, such as the train, control the lives of the people who use them, rather than the other way around.
 - D. Thoreau denounces the use of public transportation, arguing that is pointless if it cannot take one exactly where one chooses.
- 6. How does the author respond to people's interest in the news, as shown in paragraph 3?
 - A. He is saddened by the people's interest in gossip and tragedy rather than "real" news from around the world.
 - B. He mocks the news and the people who obsess over it, implying that they are blind to life and reality because of their news obsession.
 - C. He becomes angry because their obsession with the news prevents them from recognizing when something important, such as a fire, is actually happening nearby.
 - D. He mocks the news and the people who obsess over it, suggesting that they don't actually understand what they are reading.
- 7. How does the story of the prince in paragraph 6 contribute to the development of ideas in the passage?
 - A. The story supports Thoreau's idea that one can see the "reality" of things when one looks past superficial circumstances.
 - B. The story supports Thoreau's argument that superficial titles are just distractions and have nothing to do with who a person really is.
 - C. Thoreau praises the story because the prince's childhood of living in the forest shows how going to the woods in order to "live deliberately" can be beneficial.
 - D. Thoreau uses the story to argue that what one thinks to be the truth can actually be false, and so there is no such thing as "reality."

Discussion Questions

Directions: Brainstorm your answers to the following questions in the space provided. Be prepared to share your original ideas in a class discussion.

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1.	Why did Thoreau resist change? Use evidence from this text, your own experience, and other literature, art, or history in your answer.
2.	Do you believe that Thoreau's writing is still relevant today? Explain your answer.
3.	In the context of this text, what does it mean to feel alone? Why did Thoreau seek solitude? Cite evidence from this text, your own experience, and other literature or art in your answer.